***Requirement from the Orange book: Chapter 19, page 141***

Universal screening for alcohol use must be performed for all injured patients and must be documented (CD 18–3). At Level I and II trauma centers, all patients who have screened positive must receive an intervention by appropriately trained staff, and this intervention must be documented (CD 18–4).

**Define SBIRT: screening and intervention:**

Recommended definition:

Screening, Brief Intervention and Referral to Treatment (SBIRT) is a comprehensive, integrated, public health approach for early identification and intervention with patients whose patterns of alcohol and/or drug use put their health at risk. <http://www.masbirt.org/sites/www.masbirt.org/files/documents/toolkit.pdf>

**Clarification of trauma registry data elements in V5:**

Option 1: (Augusta University example)

1. SBIRT- We plan on only using the N/A option if the patient is discharged from the ED, otherwise we will use yes or no.  No will only be acceptable if during the patient’s entire hospital stay they never recover for the questions to be asked and the family is unable to answer for them
2. Date time performed will be documented
3. We will add (/) for (not applicable) to populate or if the patient drinks 7 or more drinks per week, the CAGE questionnaire will be triggered and the CAGE score (0-4) will be added.
4. Screen results- will be positive or negative and only N/A of SBIRT N/A from the beginning
5. Again Brief Intervention will be done by the nurses and documented in their Initial Assessment
6. Referral to Treatment will be done by the MD (Resident) and exact documentation is still in the works for Registrars to be able to find it easily so right now only concentrating on documenting 1. Brief Intervention

Option 2: (Memorial Savannah example)

The SBIRT elements available in V5 are as follows:

1. SBIRT (whether it was performed or not): Y/N/? or N/A are the available options.  The N/A applies when the patient stays <23 hours and doesn’t get a second day’s progress note, if they expire in the ER, or they are under the age of 12 (although we sometimes do an SBIRT for those anyway).
2. Date/Time performed
3. Score (numeric)
4. Screen Results :

1. Positive (if further intervention is warranted)

2. Negative (further intervention is not warranted)

3. Unknown (questions were asked, but no score given)

4. N/A

       5.    Interventions/Treatments:

1. Brief Intervention – this could go one of two ways.  Either this could be our trauma team providing verbal counseling, or this could be when the case manager comes in and provides a pamphlet.  I’ve taken it to mean that we requested case management come in and they have provided a pamphlet of potential resources to the patient, because the team doesn’t usually provide much information on what they discussed with the patient, so I find it difficult to count that.
2. Referral to Treatment – The case managers rarely do this, but I have had patients whose appointment was made for outpatient services before they ever left. Alternatively, this could also mean we transferred the patient to the appropriate inpatient detox facility (except that we don’t have many around here who will take our patients straight from discharge).
3. Brief Intervention and Referral to Treatment – both of the above were done

                                          N/A

? Unknown

Option 3: (Children’s Hospital of Atlanta- CHOA)

1. SBIRT - We use the “N/A” option if the patient has died in the ED, was discharged from the ED, transferred from the ED to another facility, or stayed less than 24 hours. Otherwise, the answer should mainly be “Y”. An “N” answer will be for those patients who are incapacitated their entire stay and a screen could not be done, or were missed for some reason.
2. Date/Time - This field should contain the date & time the screen was performed (social history section of our nursing assessment). As KJ said, at CHOA we have an EPIC template, so this is easy to retrieve.
3. Score Field –We use the CRAFFT tool and score it numerically
4. Screen Results- Will either be “positive” or “negative”.
5. Interventions/Treatments –
6. The answer will be “Brief Intervention” if the Trauma Nurse Clinician spoke with the patient about their usage, gave the patient an educational handout, and documented the conversation in a progress note.
7. If the physician ordered a consult to Psych then “referral to tx” is marked
8. The answer should be “Brief Intervention and Referral to Tx” if both were done and documented.
9. The answer will be “N/A” if the screening was negative and neither were done.

Option 4: (Northeast Georgia Medical Center)

1. SBIRT- We currently put N/A if the patient was admitted < 23 hours, was discharged or transferred from ED, died in ED, was discharged or transferred from ICU or was under 15.
2. Date/Time- We use the date and time at the top of our Case Management note (they perform SBIRT) for when it was performed.
3. Score Field- We do not use the score field currently
4. Screen Results- Will either be positive or negative if the answer is “yes” SBIRT performed
5. Interventions/Treatments- we place “?” if we are unable to find a Laurelwood (psych service) note, we place “3- Brief Interventions and Referral to Treatment” for all patients who have brief intervention, they are always referred to treatment.

**Resources:**

**Implementation Guides**

**SBIRT ACS COT full guide link:**

[*https://www.facs.org/~/media/files/quality%20programs/trauma/publications/sbirtguide.ashx*](https://www.facs.org/~/media/files/quality%20programs/trauma/publications/sbirtguide.ashx)

**CDC SBIRT TRAINING resource links:**

[*https://www.sbirttraining.com/node/2385/references*](https://www.sbirttraining.com/node/2385/references)

**Screening Tools:**

Audit tool- Alcohol Screening

[*https://www.integration.samhsa.gov/AUDIT\_screener\_for\_alcohol.pdf*](https://www.integration.samhsa.gov/AUDIT_screener_for_alcohol.pdf)

Cage-AID- Drug and Alcohol Screen

[*https://www.integration.samhsa.gov/images/res/CAGEAID.pdf*](https://www.integration.samhsa.gov/images/res/CAGEAID.pdf)

**Patient Resources**

**Rethinking Drinking website and resources**

[*https://www.rethinkingdrinking.niaaa.nih.gov/*](https://www.rethinkingdrinking.niaaa.nih.gov/)

**Training:**

**On-line CE/CME SBIRT training**

<https://www.sbirttraining.com/>

<https://pubs.niaaa.nih.gov/OrderForm/EncForm/Youth_Guide_Order_Form>