



## PREVENTING TRAUMA AND PROMOTING HEALTH AGING

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Highlighting Our Partners in Prevention

### GEORGIA AREA AGENCIES ON AGING:

Created under the Older Americans Act, Area Agencies on Aging (AAA) are a nationwide network of state and local programs designed to help older people plan and care for their life-long needs. Designated by the state, Georgia AAAs are service providers for the Georgia Department of Human Resources, Division of Aging Services. Georgia AAA provides a wide range of program and service options for older adults, people with disabilities, and caregivers, including virtual and in person workshops. Learn more about fall prevention, chronic disease management, aging mastery, and caregiver support workshops by visiting [www.georgiahealthmatters.org](http://www.georgiahealthmatters.org).

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#### Atlanta Regional Commission on Aging Division

**Serving the following counties:** Cherokee, Clayton, Cobb, Dekalb, Douglas, Fayette, Fulton, Gwinnett, Henry, and Rockdale

**Regional Offices:** 229 Peachtree Street, NE, Suite 100, Atlanta, GA 30303

**Telephone:** 404-463-3333

**Website:** [http://atlantaregional.org/aging\\_and\\_health/](http://atlantaregional.org/aging_and_health/)

**Wellness Coordinator:** Dana Heyl (404-463-3333)

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#### Central Savannah River Area (CRSA) Agency on Aging

**Serving the following counties:** Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, and Wilkes

**Regional Offices:** 3626 Walton Way Ext., Suite 300, Augusta, GA 30909

**Telephone:** 706-210-2018

**Website:** <http://csrarc.ga.gov/area-agency-aging>

**Wellness Coordinator:** Betsy Teasley (706-650-5637)

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### Coastal Georgia Area Agency on Aging

**Serving the following counties:** Bryan, Bullock, Camden, Chatham, Effingham, Glynn, Liberty, Long, and McIntosh

**Regional Offices:** 1181 Coastal Drive, SW, Darien, GA 31305

**Telephone:** 800-580-6860

**Website:** <http://www.crc.ga.gov/departments/aaa/aaa.htm>

**Wellness Coordinator:** Loreatha Jenkins (912-437-0843)

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### Heart of Georgia Altamaha Area Agency on Aging

**Serving the following counties:** Appling, Bleckley, Candler, Dodge, Emanuel, Evans, Jeff Davis, Johnson, Laurens, Montgomery, Tattnall, Telfair, Toombs, Treutlen, Wayne, Wheeler, and Wilcox

**Regional Offices:** 331 West Parker Street, Baxley, GA 31513

**Telephone:** 912-367-3648

**Toll Free:** 888-367-9913

**Website:** <http://www.hogarc.org/aging-resources.html>

**Wellness Coordinator:** Jennifer Crosby (888-367-9913)

**Caregiver Specialist:** Laura Graham (888-367-9913)

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### Legacy Link Area Agency on Aging

**Serving the following counties:** Banks, Dawson, Forsyth, Franklin, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, and White

**Regional Offices:** 4080 Mundy Mill Road, Oakwood, GA 30566

**Telephone:** 770-538-2650

**Website:** <http://www.legacylink.org>

**Wellness Coordinator:** Lisa Howard (770-538-2711)

**Caregiver Specialist:** Kristin Krantz (470-208-0374)

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### Middle Georgia Area Agency on Aging

**Serving the following counties:** Baldwin, Bibb, Crawford, Houston, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, and Wilkinson

**Regional Offices:** 175-C Emery Highway, Macon, GA 31217

**Telephone:** 478-751-6466

**Website:** <http://www.middlegeorgiarc.org/aging-services/>

**Wellness Coordinator:** Nicole Gaither (478-751-6466)

**Caregiver Specialist:** Tracy Franklin (478-751-6466)

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### Northeast Georgia Area Agency on Aging

**Serving the following counties:** Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, and Walton

**Regional Offices:** 305 Research Drive, Athens, GA 30605

**Telephone:** 800-474-7540

**Website:** <http://www.negrc.org/aging.php>

**Wellness Coordinator:** Lesley Clack (706-542-9268)

**Caregiver Specialist:** Toshia Lewis (706-583-2546)

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### Northwest Georgia Area Agency on Aging

**Serving the following counties:** Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, and Whitfield

**Regional Offices:** 1 Jackson Hill Drive, Rome, GA 30161

**Telephone:** 706-295-6485

**Toll Free:** 800-759-2963

**Website:** <http://www.nwgrc.org/services/area-agency-on-aging/>

**Wellness Coordinator:** Lindsay Wilson (800-759-2963)

**Caregiver Specialist:** Tiffani Holbrook (800-759-2963)

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### River Valley Area Agency on Aging

**Serving the following counties:** Chattahoochee, Clay, Crisp, Dooly, Harris, Macon, Marion, Muscogee, Quitman, Randolph, Schley, Stewart, Sumter, Talbot, Taylor, and Webster

**Regional Offices:** 710 Front Avenue, Suite A, Columbus, GA 31901

**Telephone:** 706-256-2910

**Website:** <http://www.rivervalleyrc.org/index.php/area-agency-on-aging>

**Wellness Coordinator:** Franetta Miles (706-256-2918)

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### Southern Georgia Area Agency on Aging

**Serving the following counties:** Atkinson, Bacon, Ben Hill, Berrien, Brantley, Brooks, Charlton, Clinch, Coffee, Cook, Echols, Irwin, Lanier, Lowndes, Pierce, Tift, Turner, and Ware

**Regional Offices:** 1725 South Georgia Parkway, W., Waycross, GA 31503

**Telephone:** 912-285-6097

**Website:** <http://www.sgrc.us/aaa.html>

**Wellness Coordinator:** Judy Lowman (912-285-3089)

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## Southwest Georgia (SOWEGA) Council on Aging

Serving the following counties: Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Seminole, Terrell, Thomas, and Worth

Regional Offices: 335 W. Society Avenue, Albany, GA 31701

Telephone: 229-432-1124

Toll Free: 800-282-6612

Website: <http://www.sowegacoa.org>

Wellness Coordinator: Robin McCord (229-432-1124)

Caregiver Specialist: Denielle McCray (229-432-1124)

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## Three Rivers Area Agency on Aging

Serving the following counties: Butts, Carroll, Coweta, Heard, Lamar, Meriwether, Pike, Spalding, Troup, and Upson

Regional Offices: 13273 Highway 34, E., Franklin, GA 30217

Telephone: 678-552-2853

Website: <http://www.threeriversrc.com/aging.php>

Wellness Coordinator: Maureen Geboy (678-552-2843)

**Proven, life enriching health and wellness programs are offered virtually and in person throughout Georgia and are open to everyone.**

**[www.georgiahealthmatters.org](http://www.georgiahealthmatters.org)**

**1-866-55-AGING**



**Disease  
Self-Management**



**Caregiver  
Support**



**Fall  
Prevention**



**Aging  
Mastery**